

Dr Lakshman Ganatra

DClinPsy, MSc, BSc (hons)



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Summary

A principal psychologist with over 10 years' experience working in the NHS, private and charitable sectors; specialised in working with children, young people, families, and looked after children and experienced in a variety of areas including physical health, neurodevelopmental difficulties, adults and older adults with mental health. I have a particular interest in trauma, identity, shame and child and family issues and use an integrative approach drawing on CBT, EMDR, DDP, CAT and solution focussed approaches. I value the importance of adapting and integrating these approaches in a dynamic way which respects the strengths, needs and values of the individual.

Areas of Interest

- Attachment, Anxiety, Depression, Stress, Emotional Difficulties, Trauma and PTSD
- Child & family mental health
- Leadership, Teaching and Mentoring
- Cognitive assessments across the age range & assessment of Autistic Spectrum Disorders
- Paediatrics and Physical health conditions, including chronic conditions

Qualifications

Doctorate in Clinical Psychology Coventry University & University of Warwick	Pass	September 2014 – September 2017
MSc in Foundations of Clinical Psychology Bournemouth University	Distinction	September 2010 – September 2011
BSc (Hons) Psychology University of the West of England	2:1	September 2007 – September 2010

Additional Training

ADOS and ADI-r Clinical Combo BeginningwithA	5 days	September 2021
Story Stems Assessment Profile Anna Freud Centre	3 days	May 2021
Dyadic Developmental Psychotherapy Level 1 Dan Hughes Training, USA	4 days	October 2019
Everyday Parenting (online) Coursera: Yale University	2 days	March 2019
Good Clinical Practice in Research Black Country Partnership NHS	1 day	January 2019
EMDR (part 1, 2, & 3) EMDR Extra	7 days	January 2018 – October 2018

Introduction to Solution Focussed Therapy Black Country Partnership NHS Foundation Trust	2 days	May 2018
Supervisors Training & Recognition (STAR) West Midlands Clinical Psychology Courses	2 days	July 2018
CAT Introductory Training Coventry University	2 days	June 2017
Mindfulness for HealthCare Professionals Breathworks	8 days	July 2013

Experience

Clinical Psychologist CYPF and LAC LifePsychol Ltd.		March 2021 - Present
Part Time Visiting Lecturer DClinPsy Course University of Birmingham		September 2019 – Present
Clinical Psychologist Director Dr Lucky Psychology www.drluckypsychology.co.uk		October 2018 – Present
Clinical Lead Clinical Psychologist Children in Care Care Perspectives Ltd		August 2019 – Mach 2021
Senior Clinical Psychologist Older Adult CMHT Black Country Partnership NHS Foundation Trust		October 2017 – March 2020
Trainee Clinical Psychologist Coventry and Warwickshire Partnership NHS Trust		September 2014 – September 2017
<ul style="list-style-type: none"> • Placement 1: Secondary Care Adult Community Mental Health Team – HACW Trust (Sep '14 – Mar '15) • Placement 2: Secondary Care Older Adult Community Mental Health Team – HACW Trust (Apr '15 – Sep '15) • Placement 3: Child & Adolescent Mental Health & Neurodevelopmental - CWPT Trust (Oct '15 – Mar '16) • Placement 4: Community Learning Disabilities Team – 2gether NHS Trust (Apr '16 – Sep '16) • Specialist Placement 1: Bariatric Surgery & Paediatric Diabetes – UHCW Trust (Oct '16 – Mar '17) • Specialist Placement 2: Paediatrics - Birmingham Women's & Children's Trust (Apr '17- Sep '17) 		
Assistant Clinical Psychologist Dorset Community Pain Service Dorset HealthCare University NHS Foundation Trust		September 2013 – August 2014
Assistant Psychologist (Bank) Tier 2 & Tier 3 CAMHS Dorset HealthCare University NHS Foundation Trust		January 2013 – September 2013

Additional Information

- HCPC Registration: PYL35186
- EMDR Association: G0309
- Professional Indemnity Insurance: Oxygen
- Enhanced DBS, on the online update service